



lsion@byu.edu



(385) 895-7586



Payson, UT 84651

EDUCATION

Bachelor of Science,
Psychology
Brigham Young University,
Provo, UT
Expected in April 2027

Minor (Spanish) , Spanish
Brigham Young University,
Provo, UT
Expected in April 2027

LANGUAGES

Spanish

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Native or Bilingual

English

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Native or Bilingual

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PROFESSIONAL SUMMARY

Motivated and detail oriented undergraduate psychology student with a strong foundation in research methods, data analysis, and scientific thinking. Experienced in conducting independent research, including designing studies, performing literature reviews, and analyzing data using statistical software. Demonstrates the ability to communicate complex findings clearly through written reports and presentations while maintaining a strong commitment to ethical research practices. Known for being personable, reliable, and effective in team settings, with strong communication, problem solving, and collaboration skills. Eager to contribute to meaningful research, support team success, and continue developing professionally in applied psychology settings.

SKILLS

- Scientific writing
- Teamwork and collaboration
- Team collaboration
- Research design
- Event execution
- Social media promotion
- Data collection
- Undergraduate research
- Literature review
- Quantitative research
- Strategic planning

EXPERIENCE

January 2026 - Current

Brigham Young University - Undergraduate Research Student, Provo, UT

- Conducted literature reviews to support research projects and identify relevant studies.
- Assisted in data collection and analysis using statistical software tools.
- Collaborated with faculty on experimental design and methodology development.
- Applied ethical considerations when working with human subjects, adhering to strict guidelines and obtaining informed consents.
- Presented research findings at departmental meetings to enhance knowledge sharing.
- Engaged in regular discussions with peers to refine research approaches and ideas.
- Developed strong problem-solving abilities by tackling complex research questions and challenges.

- Designed visually appealing posters that effectively communicated key findings at university-wide symposiums.
- Conducted comprehensive literature reviews to provide a solid foundation for research projects.
- Maintained accurate records of research findings and progress updates.

August 2025 - Current

Brigham Young University - Teacher's Assistant, Provo, UT

- Assisted in developing lesson plans and instructional materials for diverse student needs.
- Supported classroom management by reinforcing positive behavior and facilitating student engagement.
- Collaborated with teachers to adapt curriculum content for students with varying learning abilities.
- Provided one-on-one tutoring to enhance student understanding of core subjects.
- Organized and maintained classroom supplies, ensuring effective learning environment.
- Communicated regularly with teachers to monitor student progress and address individual challenges.
- Utilized educational technology tools to enhance instructional delivery and student interaction.
- Enhanced students' critical thinking skills through problem-solving activities and group collaboration exercises.
- Provided timely feedback to students on their performance, allowing them to make adjustments as needed for continued improvement.

January 2016 - July 2021

Sports Performance Academy - Sports Coach, Spanish Fork, UT

- Developed and implemented training programs to enhance athletic performance and skill development.
- Analyzed athlete performance metrics to tailor coaching strategies for individual improvement.
- Led team practices, fostering teamwork and discipline among athletes in various sports disciplines.
- Mentored junior coaches, providing guidance on effective coaching techniques and athlete engagement.

CERTIFICATIONS

- Completed Medical Assistant Training (Near Certification) – Developed skills in patient care, clinical procedures, and professional communication in healthcare settings
- Spanish Language Certificate (Mastery Level) – Brigham Young University
Achieved Advanced High proficiency in speaking and Advanced Low proficiency in writing based on ACTFL standards

- CITI Program Certification – Social & Behavioral Research Investigators/Mentors (Basic Course)
Completed training in ethical standards and responsible conduct of research involving human participants (Completed February 2026, expires February 2031)