

Kiera Larson  
385-424-0253  
Kiera.s.larson@gmail.com

EDUCATION 2020-Present  
Brigham Young University, Provo UT 2020-Present

- Regents' Scholarship Recipient
- Pell Grant Scholarship Recipient
- Major: Psychology (Pre-PA)

#### WORK EXPERIENCE

- Medical Assistant and Trainer – Summit Brain, Spine, and Orthopedics 2023-Present
  - Direct patient care by obtaining medical histories and vitals, assisting with in-office procedures, sending orders and referrals, and training incoming medical assistants.
- Teaching Assistant- Microbiology Lab at BYU 2024-Present
  - Independently instructed the MMBIO 122 course by delivering lectures and hands-on instruction.
  - Taught core lab techniques such as aseptic technique, serial dilutions, streak plating, bacterial culture handling, gram staining, and genetic experiments using blood and microbial samples.

#### LEADERSHIP

- Relief Society President- Church Calling 2023-2024
  - Led and supported a large group of women to provide spiritual leadership and support to young adult women in a church-based organization. Planned and conducted weekly meetings, coordinated lessons, planned and led activities, and ministered to individuals' needs. Organized service efforts and fostered an inclusive environment by mentoring members and strengthening teamwork.
- Sister Training Leader- San Antonio Texas Church Mission 2021-2022
  - Served as a Sister Training Leader on a full-time LDS mission to provide leadership, trainings, and mentorship to fellow missionaries. Conducted regular training and companionship exchange to improve teaching effectiveness and goal achievement. Supported missionaries' well-being and coordinated with mission leadership to strengthen unity and performance.
- Relief Society Presidency, Second Counselor- Church Calling 2020-2021
  - Supported a large group of women by teaching lessons at church, holding ministering interviews, planned and put together activities, and initiated missionary and temple initiatives.
- Medical Assistant Trainer 2024-Current
  - Trained and mentored incoming medical assistants to ensure competency in clinical workflow, patient care, and documentation standards.
- Teaching Assistant – Microbiology Lab at BYU 2024-Current
  - Previously Listed

#### COMMUNITY SERVICE

- Volunteer Ski Instructor for Individuals with Disabilities- Wasatch Adaptive Sports 2025-Current
  - Provided individualized ski lessons and direct support to individuals with physical and developmental disabilities including spinal cord injuries, paralysis, and down syndrome. Assisted with fitting, setup, and safe use of adaptive ski equipment. Built friendships through communication and encouragement while skiing alongside participants.

- Utah State Mental Hospital 2024-Current
  - Provided and prepared activities in the adult inpatient unit by organizing setup, participating in and spending time with the patients, and helping with take down.
- Missionary in San Antonio, TX -Church of Jesus Christ of Latter-day Saints 2021-2022
  - Left home for 18 months to serve every day in San Antonio. Prepared and led discussions (lessons) multiple times a day using scriptures to offer spiritual guidance, comfort, and joy. Led and participated in multiple service projects such as working weekly at food banks, doing yardwork, and sewing. I also served as administrator for free English classes and taught weekly.
- Clase de Ingles Administrator 2021-2022
  - Weekly prepared, taught, and led English classes to anyone wanting to learn English for free. Administered online classes available to anyone in the city of San Antonio, TX.

#### EXTRACURRICULAR ACTIVITIES/HOBBIES

- Neuroscience Research Lab- Dr. Nielsen, BYU 2026-Current
  - Worked in brain lesion mapping
- Physiology Research Lab- Dr. Hansen, BYU 2025-Current
  - Studied research articles and completed research on antioxidants
- Mini Triathlon at Utah State 2024
  - 11 laps in a pool, 12-mile bike ride, 3-mile run
- BYU Spikeball Club 2020
  - Regularly attended weekly and played Spikeball
- Psy Chi Club 2026
  - Been a member since applying in 2025
- Intramural Tennis (twice), pickleball (twice), volleyball (twice), and soccer 2020-2025
  - Coed tennis team, coed pickleball team, 6 v 6 volleyball, 11 v 11 coed soccer

#### LANGUAGES

- Spanish - intermediate proficiency - San Antonio, TX 2021-2022

#### PERSONAL INTERESTS / ACTIVITIES

- Utah Valley Marathon (26.2 miles) 2024
- Half-marathon (13.1 miles) 2023
- Musical Instruments:
  - Piano: Performed piano in various settings including recitals and church meetings
  - Violin: Studied violin since age 11 and performed in various settings including school orchestra, community orchestra, church meetings, church mission videos
  - Guitar: Learned the guitar at age 16 and have since performed in numerous church settings
  - Choir: Participated in choir for 6 years, took voice lessons, and have sung in numerous church meetings
- Ski/snowboard
  - Currently volunteering as a ski instructor for Wasatch Adaptive Sports to help those with disabilities to be able to ski.
- Tennis
  - Participated in numerous college tennis intramural games. Played singles and doubles varsity in high school.