

Cristina Coca

<https://www.linkedin.com/in/cristina-coca-5876422ab?lipi=urn>
(385)309-9552 • cocacristina01@gmail.com

EDUCATION

Brigham Young University, College of Family, Home, and Social Sciences

Jan 2022 - Apr 2025

Psychology BS, Psychology

Provo, Utah

- 3.09
- Relevant coursework: Psychological Science, History of Psychology, Writing Within Psychology, Psychological Statistics, Research Design & Analysis, Social/Cultural Anthropology, Psychology of Gender, Developmental Psych: Childhood, Psychopathology, Intro to Social Psychology, Sport Psychology, Psychometrics, Human Dev: Life Span, Child Psychopathology, Cognition, Sensation and Perception, Academic Internship, Capstone, Behavioral Neurobiology.

PROFESSIONAL EXPERIENCE

Oasis Ascent

Aug 2024

Staff Program Coordinator

Provo, Utah

- Ensure staff safety and sustain a positive work environment by leading mentor and supervisor meetings, attending treatment team sessions, and implementing best practices across the program.
- Conduct regular 1:1 check-ins with mentors and supervisors, delivering tailored guidance and promoting individual development to increase team performance and cohesion.
- Oversee performance management, including employee evaluations, disciplinary actions, and terminations, with a focus on managing high standards of professionalism and accountability.
- Monitor and review camera footage to manage incident reporting and improve staff training on safety protocols and crisis response.
- Collaborate closely with the Student Life Coordinator to align program goals and provide seamless support for the residential team, fostering a cohesive leadership approach.
- Engage in coordinator meetings to address interdepartmental goals, support program growth, and contribute to strategic decisions.
- Facilitate team bonding and professional development activities to strengthen team morale, trust, and collaboration.
- Played a pivotal role as a stakeholder in the integration of boys' and girls' programs, guiding teams through transformative change and co-developing a new co-ed residential model.
- Partnered with cross-functional leaders to establish policies, training modules, and program structures tailored to a diverse resident population, setting the foundation for a more inclusive and effective treatment environment.

Brigham Young University, Psychology Department

Mar 2023 - Oct 2024

Research Assistant Trainer

Provo, Utah

- Recruited caregivers through direct, face-to-face interactions to participate in the study.
- Managed data-related tasks, ensuring accurate and organized data collection and analysis.
- Conducted school recruitment initiatives to enhance participant diversity and engagement.
- Utilized social media platforms for effective recruitment strategies and outreach.
- Trained and mentored new research assistants to ensure proficiency in study protocols and ethical research practices.
- CITI Program course completion: Social & Behavioral Research Investigators/Mentors.

Oasis Ascent

Sep 2023 - Aug 2024

Assistant Supervisor

Provo, Utah

- Continue to fulfill the responsibilities associated with the role of a student mentor.
- Supervised, taught, empowered, and motivated staff to enhance professional development and effectiveness.

- Delivering comprehensive training and mentorship by maintaining regular check-ins with staff, ensuring breaks are accommodated during shifts, overseeing task performance, and offering gentle redirection for improvement. Conducting personalized one-on-one meetings to inquire about well-being outside of work and explore ways to contribute support.
- Organized and led team meetings aimed at fostering an open and supportive environment, encouraging team members to express emotions and collaboratively strategize on enhancing mutual support.
- Coordinated logistical aspects such as new intakes, inventory, returning from home visits, and airport run schedules.
- Complied thoughtful and thorough communication logs for the Clinical Director, Residential Director, Nursing Director, and all Oasis employees by end of each shift, detailing overall observations and interactions with students.
- Was honored to be invited to the Treatment Team by the Clinical Director, where collaboratively reviewed and discussed individualized treatment plans for patients, engaging in a comprehensive and coordinated approach to care in a therapeutic setting.

Oasis Ascent

Jul 2023 - Sep 2023

Student Mentor

Provo, Utah

- De-escalated instances of student dysregulation by skillfully applying therapeutic interventions such as reviewing personalized plans, including flood plans and DBT skills.
- Diligently documented and submitted required residential notes for each student, comprising comprehensive observations and statements. Implemented a thoughtful approach by recording daily activities, emotions, mood, strengths, conflicts, and compliance with therapeutic interventions. Facilitated deeper insights through one-on-one interactions, utilizing hedging techniques to provide a nuanced and personalized summary for therapists and the clinical director, contributing to a more informed and tailored support system for each student.
- Cultivated and nurtured trusting relationships to foster a supportive environment while maintaining professional boundaries with students.
- Engaged with patients to maintain a secure and respectful therapeutic space.

VOLUNTEER EXPERIENCE

Church of Jesus Christ of Latter-Day Saints

Columbus, Ohio

Full-Time Volunteer

Jul 2020 - Aug 2021

- Devoted over 15 hours each week to volunteering at local food banks, organized food stations, loaded provisions into recipients' cars, and boosted service for Spanish-speaking families by leveraging proficiency in Spanish, thereby ensuring needs were met more effectively.
- Volunteered three hours weekly at MedWish International, a nonprofit organization committed to saving lives and the environment through repurposing surplus medical supplies. Supported the mission by meticulously organizing medical supplies in designated boxes and ensuring accurate labeling for shipments to the intended recipients.
- Customized and delivered individualized English language courses, establishing rapport and conducting assessment tests twice a week for 1 hour each, tailoring instruction based on the learners' needs and proficiency levels.
- Organized and executed community-wide food drives, contributing essential support to families in need during the Thanksgiving and Christmas seasons to promote community engagement and seasonal relief.

Church of Jesus Christ of Latter-Day Saints

Villa Mella, Dominican Republic

Full-Time Volunteer

Aug 2021 - Dec 2021

- Led targeted social media initiatives and crafted virtual flyers to involve both children and adults, drawing to enroll in structured English classes. Provided instructional sessions twice a week, each lasting 1 hour and 30 minutes.

- Devoted 5 weekly hours to assisting community members with various needs, including moving, house cleaning, painting, remodeling old buildings.
- Assisted the elderly with, housing needs, and shared cultural experiences of the community to help.

PUBLICATIONS

- Limon, D. L., Patino-Celedon, C. A., **Coca, C.**, Buranosky, B., Normansell-Mossa, K., Pozos, V., Ramirez, A. C., Montiel-Nava, C., South, M., Lundwall, R. A., & Goin-Kochel, R. P. (Submitted for 2024, May). A look into vaccine perceptions in U.S. Spanish-speaking families with and without an autistic child. Poster submitted to the Annual Meeting of the International Society for Autism Research, Melbourne, AU.
- Limon, D. L., Ramirez, A. C., Coca, C., Patino-Celedon, C. A., Montiel-Nava, C., South, M., Lundwall, R. A., & Goin-Kochel, R. P. (Submitted for 2024, May). Spanish-speaking parent beliefs about causes of autism in the U.S. using a translation of the Illness Perception Questionnaire-Revised for ASD. Poster submitted to the Annual Meeting of the International Society for Autism Research, Melbourne, AU.

AWARDS

- Two-time D1 College Rugby National Champion.
- Multicultural Student Scholarship Recipient.
- 2023 Employee of the Month at Oasis Ascent

LANGUAGE SKILLS

- Proficient in English
- Proficient in Spanish