

Anna Seal

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WORK EXPERIENCE

Teaching Assistant — Brigham Young University, Provo, UT

January 2025 - PRESENT

- Provided individualized support to students in a CHEM 105 class who required additional help with understanding concepts or completing assignments.
- Led biweekly study groups and bimonthly exam reviews where we reviewed key principles and worked through example problems.
- Graded biweekly assignments and exams and communicated with the professor on weak areas of student understanding.

Crew Manager, Wendy's — Provo, UT

July 2022 - April 2023

- Trained new team members on company policies and procedures.
- Maintained food safety standards.
- Ensured efficient restaurant operations, including opening and closing procedures.
- Efficiently handled customer inquiries related to product availability and pricing.

EDUCATION

Brigham Young University, Provo, UT — Bachelor of Science in Neuroscience

August 2022 - Expected Graduation December 2027

- Brigham Young Scholarship Recipient
- Julia Greenwell Scholarship Recipient

American School of Tegucigalpa, Honduras — High School Diploma

August 2018 - May 2022

- GPA: 4.0 unweighted
- ACT Score: 35
- Though I graduated from the American School of Tegucigalpa, I attended the majority of High School at West Valley High School in Yakima, WA. There, I received academic recognition in the following subjects: English, Precalculus, Spanish, and World

AWARDS

2022 President's Education
Award Recipient

Seal of Biliteracy in Spanish
(2022)

LANGUAGES

English — native proficiency

Portuguese — advanced
proficiency (Proselytizing
Mission for the Church of
Jesus Christ of Latter-Day
Saints)

Spanish — intermediate
proficiency (four years of
high school courses and six
months living in Honduras)

History.

- Advanced Placement: Chemistry, Calculus

COMMUNITY SERVICE

Chemistry Tutor, Y-Serve — Provo, UT

January 2023 - Present

- Conducted one-on-one tutoring sessions with students to help them gain a better understanding of chemistry topics.

English Tutor, Village Book Builders — Provo, UT

November 2022 - April 2023

- Read books with children in Africa over Zoom for two hours per week to help them improve their English.

Translator, Community Rehabilitation Clinic — Provo, UT

September 2022 - October 2022

- Provided English to Spanish translation during physical therapy appointments offered free to underprivileged communities in the Provo area.

VOLUNTEER EXPERIENCE

Intern, Maria Pediatric Hospital— Tegucigalpa, Honduras

April 2022 - May 2022

- Shadowed various health and administrative professionals for 6 weeks.
- While working with administrative officials, I successfully connected the hospital with CAMO, an American nonprofit organization that donates used hospital equipment to developing countries.
- Worked with 'patient care' groups to entertain children in the nephrology unit.