

Josh Pitt | Neuroscience Student

Email: pittofjoy@gmail.com

Phone: (801) 643-5088

Location: Provo, UT 84606

A successful university student currently studying Neuroscience—Passionate about mental health and building relationships. Eager to serve others, finance my future educational and professional goals in medicine, acquire some new skills, have a LOT of fun, and make some life-long friends.

EDUCATION:

Brigham Young University

Neuroscience (BS) | Aug 2018 – Present (Junior)

4.0 GPA

Preferred Courses:

- Cellular & Behavioral Neuroscience
- Organic Chemistry
- World Religions
- Social/Folk Dance

WORK EXPERIENCE:

FSY Youth Program Counselor

Church of Jesus Christ of Latter-day Saints | 06/2022 - 08/2022

- Lead faith-based activities, discussions, and lessons with teens and children
- Communicated effectively with staff, participants, and parents via regular trainings and in emergencies
- Adhered to FSY policies and performed required duties to maintain safety and fun

CougarTech Sales Associate

BYU Store | 10/2022 – 06/2023

- Interacted regularly with customers and learned to fit tech purchases to their life needs/wants.

Psychiatric Technician

Utah State Hospital | 06/2023 - 12/2023

- Responded as first point-of-contact for Forensics psychiatric patients including: regular checks, watches (when necessary), administration of meds, obtaining vitals, and treatment/activity groups.
- Assisted unit nurse and psychiatrist with any of the nursing needs of the unit, and also developed working, professional relationships with each of the unit's patients to provide more personalized care.

Peer Mentor

BYU Office of First Year Experience | 12/2023 - 4/2024

- Communicated and met regularly with Freshmen students at the university to talk about concerns, answer questions, direct them to resources, and set goals. Was an integral part of their college success team.

VOLUNTEER/LEADERSHIP EXPERIENCE:

LDS Mission Trip

Albania & Kosovo | (02/2019 - 02/2021)

- Taught free English courses internationally
- Presided over a young, local church Branch in Kosovo

OCD CLUB – Co-President

BYUSA Clubs | Fall 2022 – Present

- Communicate with licensed therapists/coaches to coordinate informative workshops/support sessions.
- Plan and host regular club events to provide a safe space for those affected by OCD/Anxiety disorders.
- Raise awareness to OCD through social media posts/advertising | **Instagram:** @realocdclub