

RESEARCH ASSISTANT

Details

Provo United States 9736060485 cahrens482@gmail.com

Skills

CNA Certified Foodhandlers
Permit BLS Permit
Communication Active Listening
Time Management

Scientific Writing

Scientific Thinking

Data Analysis

Languages

Spanish

Profile

Extensive Research and Clinial Experience. Worked in a Lab for about 2 years at BYU and in high school involved in Research Program for about 2 years conducting Research. Certified Nursing Assistant & Med tech & Psych Tech. offering about 3 years of experience in healthcare environments. Worked with Patients with Neuropsychiatric Symptoms.

Employment History

Research Assistant, Brigham Young University, Provo

MAY 2022 - FEBRUARY 2024

- Some Experience with Immunohistochemistry, Working with animals, and Fast Scan Cyclic Voltammetry
- Close to Authorship on Publication on Dopamine Reward Pathway
- Presented in 2 Undergraduate Research Conferences (CURA & UCUR)
 - Took 3rd in CURA 2023 Undergraduate Research Conference for Poster in Neuroscience Category
- Intermediate Scientific Writing Skills
- Adequate with Microsoft Office and Google Spreadsheets Analysis
 - Conducted Data Analysis on multiple projects

Psych Tech, Utah State Hospital

JUNE 2023 - AUGUST 2023

Worked with multiple ages and genders and socioecnomic statuses and sexualities and Neural Conditions

Built relationships with and watched over safety and helped provide activities for

Engaged in listening skills.

Medicine Technician, Spring Hallow, Provo

JULY 2022 - JANUARY 2023

- Conducted routine checks on patient vitals, blood pressure, blood sugar and heart rate.
- Maintained accurate, timely flow of information by completing thorough patient records and updating healthcare team on patient status.
- Provided excellent patient support and care to patients and families.
- Received supply of ordered medications to apportion, mix or assemble drugs for administration to patient.

CNA, Legacy Village, Provo

JUNE 2021 - OCTOBER 2021

- Worked in a nursing home
- Assisted 20 elderly and disabled patients daily
- Provided patients/residents with care and companionship
- Checked vital signs
- Helped patients with activities of daily life (ADL): bathing, grooming, dressing, feeding and walking
- Documented all care
- Cleaned and sanitized rooms
- Made beds

Missionary, Church of Jesus Christ, St George

- Served 3 months as the Assistant to the President and for 10 months as a Zone leader where I trained varying groups of missionaries.
- Developed relationships with people of all ages, financial standings, and ethnic backgrounds.
- Coordinated with local church members to organize efforts through phone, virtual, and in person meetings.

Education

High School, Randolph High School, Randolph

AUGUST 2019

• AP Capstone Diploma Recipient (AP Seminary & Research)

Worked with teams to create a number of Works during Sophomore and Junior Years of High School including nearly 5,000 word individual paper assessing a Humanitarian Organization, and worked on 2 other main projects one Psychology related and another investigated a minority group. Conducted qualitative Coding research methods analysis. Developed Presentation Skills.

- 3.84 GPA
- 1540 SAT

Brigham Young University

Advanced Coursework in Microbiology & Neuroscience Classes

Cell 360

Mmbio 241

Cell 360

Neuro 205

Psych 111

Neuro360

PSY375

Neuro316

Stat121

CS 142

Extra-curricular activities

Brain Health Social Advocacy

Organized Projects related to Brain Health including bringing groups of people to local Austic School and Assisted living homes

Spoke on Mental Health to Raise Awareness

Hope Clinic Volunteer

Scribed and helped as Volunteer at Utah Health Clinic with Doctors, Nurses, and other Healthcare Professionals

Eagle Scout

Held leadership assignments in my local Boy Scout troop and organized project with around 20 volunteers to build a picnic area in a local park.

Cross Country Captain

Member of the team from 2015-2017