Rachelle Clarke - CNA, EMT



<u>Objective</u>: Enthusiastic, high achieving college junior preparing for medical school and looking to contribute to a wholesome workplace while gaining valuable applicable experience and contributing to the lives of others.

Work Experience

January 2021-Present

Text

University of Utah Hospital - Neuro Acute Care Unit - 801.581.2121 - Health Care Assistant (CNA)

- Responsible for flexibly providing care to patients in an inpatient specialty unit with a wide variety of highly acute neurological diagnoses, along with physicians, PAs, NPs, and nurses as a comprehensive care team.
- Responsible for the regular admission and discharge of patients and properly representing the hospital.

June-August 2020

Avalon Care Center - 801.951.2273 - Certified Nursing Assistant

- Responsible for the care of 15-25 heavily dependent patients in rehabilitation and acute long-term care units during night shifts.
- Provided comprehensive patient care, managed patient safety risks, implemented care plans, and worked along with team members to provide high-quality care.

June-August 2015, June-August 2020

Legacy House of Bountiful - 801.294.2925 - Certified Nursing Assistant (2020), Kitchen Staff (2015)

- (2020) Managed the care of half the building's patient population during night shifts. Assisted with activities of daily living and worked closely with care team members to provide comprehensive patient care in assisted living and memory care units.
- (2015) Prepared and served meals to patients in a restaurant setting.

September 2019-May 2020

Courtyard at Jamestown Assisted Living - 801.377.3730 - Certified Nursing Assistant

Worked together with several other staff members and health care professionals to create a
comprehensive health care team and manage the needs and care plans of patients, as well as providing
innovative solutions for patient care needs.

April-August 2016, May-August 2017

Life Care Center of Bountiful - 801.295.3135 - Certified Nursing Assistant

- Received Employee of the Month award within 4 months of employment.
- Responsible for managing the care of 10-20 disabled, elderly and/or rehabilitation patients.
- Assisted medical professionals in implementing care plans and providing solutions for all patient needs.

Education

August 2016-Present

Brigham Young University, Provo, UT - Psychology Major & Chemistry Minor, Junior

- Academic scholarship recipient and 3.91 cumulative GPA.
- Preparing to attend medical school after graduation.

August 2013-June 2016

Woods Cross High School - Graduate

- Graduated with honors and 3 honor cords.
- 3.6 GPA.

Volunteer & Leadership Experience

September 2021-Present

Their Story is Our Story at BYU - Co President

- TSOS is a global nonprofit organization that shares stories of the refugee journey to advocate and educate, and actuate integration of refugees into our communities.
- The BYU chapter of TSOS works to increase both campus and community awareness of the refugee crisis and connections with actual refugees and refugee stories.
- Currently co-leading and directing TSOS@BYU endeavors such as collaborating with other on-campus
 organizations and off-campus non-profits, connecting students with and taking part in refugee service
 opportunities, and executing events related to refugee storytelling, advocacy, and integration.
- Responsible for task delegation, assignments, leadership interviews, direction of event planning, and facilitation of the overall vision and goals of TSOS@BYU through working alongside its membership.
- Acting as a liaison between TSOS@BYU and TSOS leadership at headquarters.

June-July 2021

Humanitarian Experience for Youth - Trip Leader, U.S. Virgin Islands

- HEFY is a faith-based humanitarian non-profit organization that leads service trips in locations across the world for the spiritual, social, cultural, physical and emotional development of youth.
- Worked as a Trip Leader, a volunteer position with a 7% acceptance rate, to co-lead two groups of 19 youth to St. Thomas to renovate the Nana Baby Home, a non-profit shelter for children in crisis.
- Was responsible for meeting the physical, emotional, spiritual, safety, monetary, and developmental needs
 of two groups of 19 youth while simultaneously managing logistics of their travel, accommodations, and
 safety while outside the U.S.

September 2020-April 2021

Brigham Young University - Positive Psychology Research Assistant

- Worked as a volunteer research assistant, a highly competitive position, for Dr. Jared Warren in his Positive Psychology research lab at BYU.
- Responsible for conducting research and contributing to several research active projects in Dr. Warren's lab for the production and sharing of positive psychology interventions content.

January 2018-July 2019

The Church of Jesus Christ of Latter-Day Saints - Volunteer Representative

- Served as a spanish-speaking volunteer representative, working 13+ hours per day daily for 18 months with minimal supervision.
- Leadership positions:
 - o Trained new volunteer representatives.
 - Served as a leader over 16 other volunteer representatives. Worked closely with individuals.
 - Served as a leader over 180 other volunteer representatives. Worked closely with the President.
 - Presented to and trained other volunteers mission-wide on best practices weekly and monthly.

Skills & Interests

- Conversational Spanish skills.
- Music, dance, theater, hiking, photography, and outdoor activities.